

# Covid19graphics 14

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## COVID-19 Prevention Tips



### WASH

Wash your hands frequently using soap for at least 20 seconds or sanitise them using alcohol-based handrub.



### COVER

Use tissues when you cough or sneeze and dispose them immediately in a closed bin. Use flexed-elbow if tissue is unavailable.



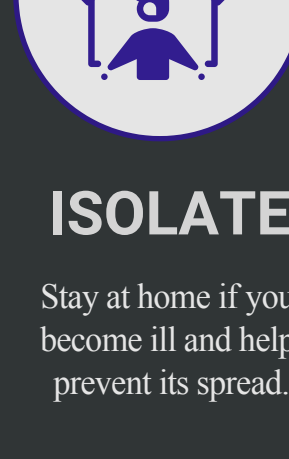
### AVOID

Avoid touching your mouth, eyes and nose, especially after contact with any surface.



### DISTANCE

Practice social distancing by not shaking hands, hugging, etc.



### ISOLATE

Stay at home if you become ill and help prevent its spread.

## Covid-19 Related Incident Mapping in Bangladesh

Update: 1 March - 11 July 2020

